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I am pleased to let you know that Aletha's Place Overnight Respite for Youth is ready to proceed. We can now provide a safe and supervised "home away from home" for complex needs youth ages 12 to 15 whose families need some time to refresh and recharge for a day or two. These are pre-planned stays and must be booked 2 weeks in advance. Along with weekend stays, we offer weekday stays and can transport to maintain school attendance in local schools or provide in-house learning to improve lagging skills. We have noticed that in-home struggles often occur through the week due to school problems. Parents are at a loss to provide supervision and especially to solve the problems resulting in their youth being sent home or suspended and falling behind in learning.

We invite each family to come to meet us and see what we offer before booking a Respite Stay for their youth. Reducing anxiety is a priority to ensure that everyone feels welcome and secure and can look forward to a great experience with us. I have included the intake information form which is required prior to booking a stay with us.

We also offer an overnight accommodation for a youth during a time of confusion and family conflict. This is a place for a youth to stabilize and think through the situation before making reactive decisions that can affect their lives forever. It allows their parents to breathe and think clearly in the midst of a stressful situation. The youth and their family have access to New Growth Family Centre's Conflict Resolution and Coaching Programs for immediate support or they can be referred to additional community support services as appropriate. Our goal is to support the youth in solving the immediate problem in order to repair and maintain the relationship within the family. In this case, we require some basic health and safety information from the referring agency, community member or school.

We look forward to supporting our youth .

Aletha McArthur, Program Director/Behaviour Specialist
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